

Vim

Basic commands

:w [file] Write to *file*
:x Exit, saving changes
:q Exit as long as there have been no changes
:q! Exit and ignore any changes
:wq Save file and exit

Inserting Text

i Insert before cursor
I Insert before line

Motion

h Move left
j Move down
k Move up
l Move right
w Move to next word
W Move to next blank delimited word
e Move to the end of the word